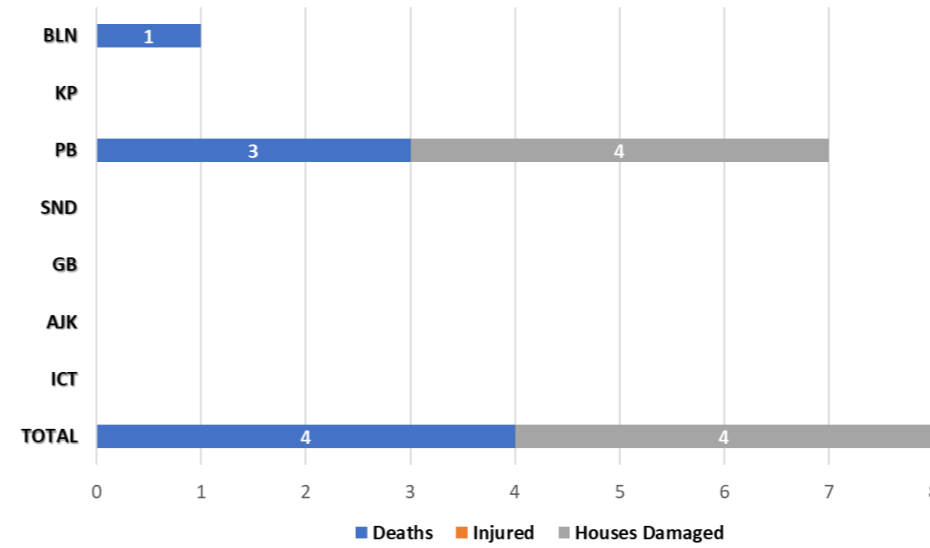


#### TOP RAINFALL RECORDED LAST 24 HOURS (MM)

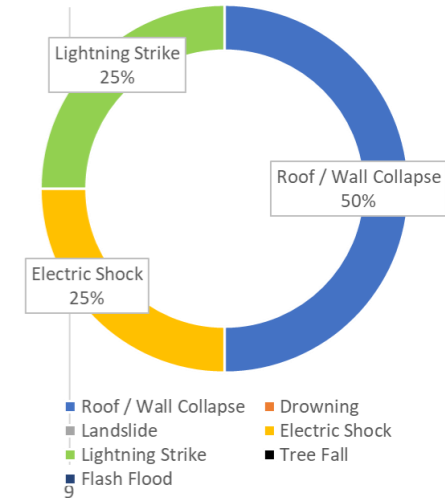
- Balochistan.** Nil
- Khyber Pakhtunkhwa.** Risalpur 28, Daggar 22, Balakot 22, Tarbela 13, Besham 11, Saidu Sharif 10, Malam Jabba 6, Takht Bhai 6, Buner 4, Bajaur Pasht 3, Lower Dir 2, Kakul 1, Mardan 1
- Punjab.** Gujranwala 112, Lahore 57, Jhelum 54, Rawalpindi 44, Sialkot 43, Murree 40, Kasur 38, Mangla 31, Sheikhupura 31, Gujrat 23, M.B. Din 16, Narowal 15, Hafizabad 14, Okara 14, Attock 10, Chakwal 4, D.G. Khan 2, Faisalabad 2, Sargodha 1
- Sindh.** Karachi - Trace
- Gilgit-Baltistan.** Trace
- State of AJ&K.** Panjera 34, Kotli 15, Rawalakot 12, Bandi Abbaspur 11, Chatar Kalas 9, Chakoti 8, Muzaffarabad 7, Garhi Dupatta 4, Hajira 1
- ICT.** Saidpur 54, Zero-point 48, Bokra 29, Airport 27, Golra 14

Data Source: PMD

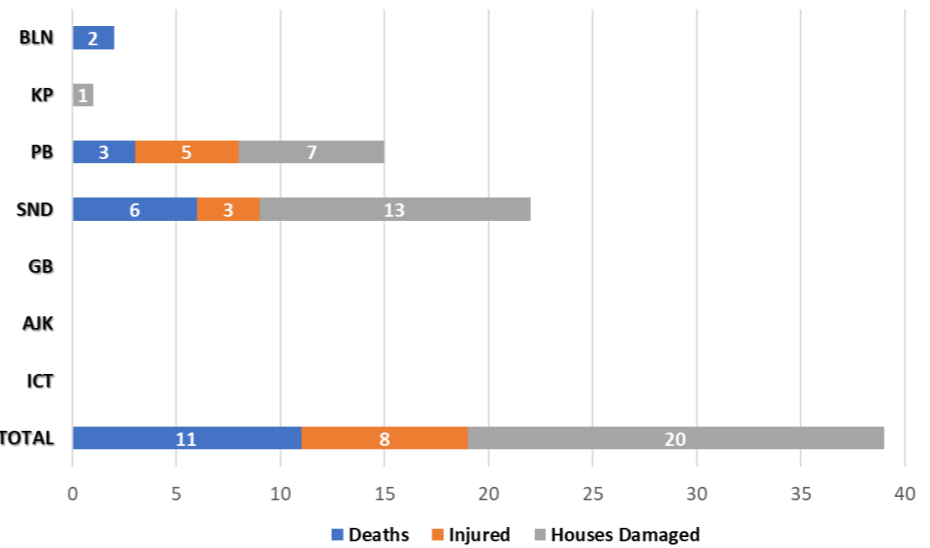
#### Losses & Damages Last 24 Hours



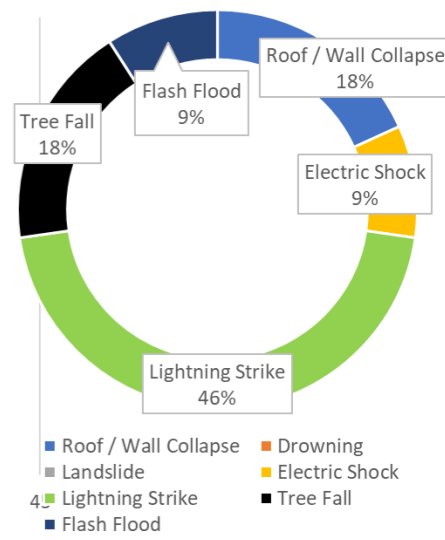
#### Last 24 Hrs Deaths Categorization



#### Cumulative Losses & Damages (1 Jul - 6 Jul)

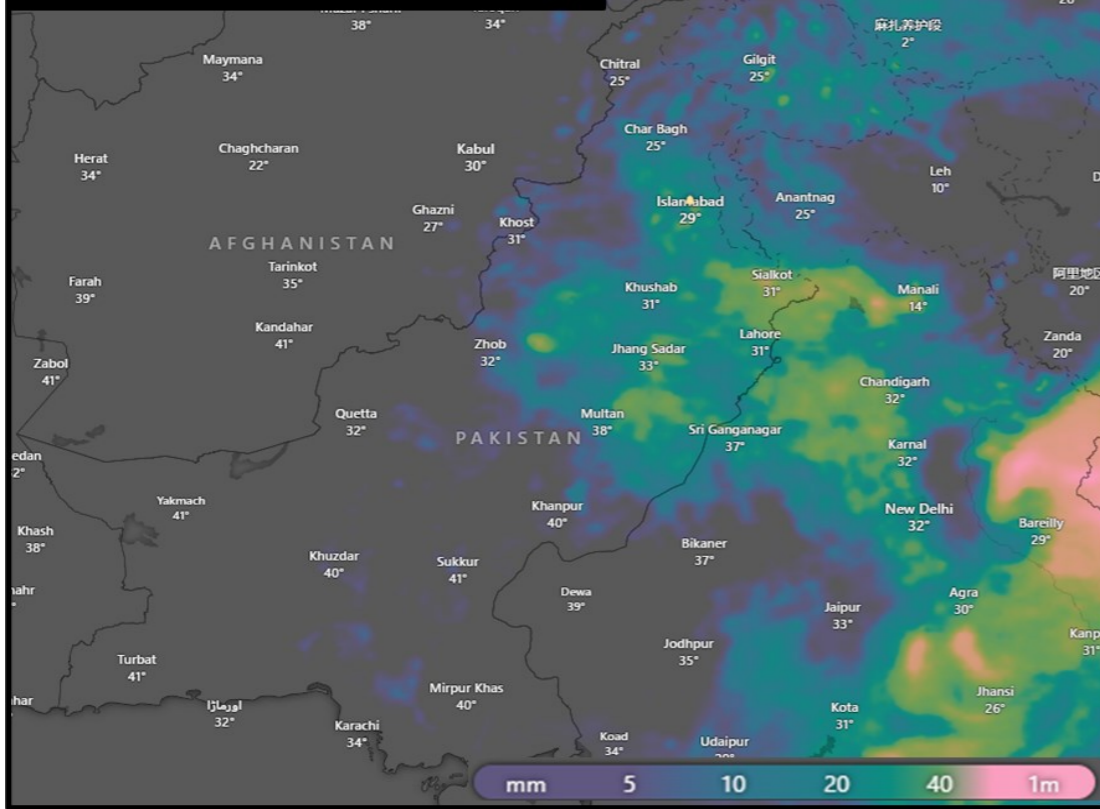


#### Cumulative Deaths Categorization



Note: Losses / Damages data is provided by PDMAs / GBDMA / SDMA / Govt Depts and is preliminary.

## Projected Rainfall (mm) Next 48 Hours



Details	Tarbela Dam	Mangla Dam
MCL (Feet)	1,550.00	1,242.00
Dead Level (Feet)	1,402.00	1,050.00
Water Level (Feet)	1,503.82	1,189.60
Change Last 24 hrs (Feet)	+6.14	+1.35
Storage (MAF)	Max	7.356
	Present	3.627
Change Last 24 hrs	+0.29	+0.124
% Dam Filled	57.00	48.14 49.84
% Change Last 24 hrs	+4.00	+1.70

Data Source: WAPDA

Details	Bhakra	Pong	Thein
MCL (Feet)	1,680.00	1,390.00	1,732.00
Water Level (Feet)	1,590.40	1,306.79	1,646.24
Change	+6.01	-0.29	-1.48
Storage (MAF)	Max	4.991	1.900
	Present	1.696	0.924
Change	+0.14	-0.008	0
% Dam Filled	34	19	31
% Change	+3	0	0

Data Source: PCIW

River	Site	Inflow	Outflow	Status
Indus	Tarbela	296,000	149,600	NORMAL
	Kalabagh	230,029	222,089	NORMAL
	Chashma	254,390	249,540	NORMAL
	Taunsa	195,520	168,147	NORMAL
	Guddu	154,187	112,664	NORMAL
	Sukkur	94,035	44,950	NORMAL
Kabul	Kotri	23,340	1,485	NORMAL
	Nowshera	90,800	90,800	MEDIUM
Jhelum	Mangla	48,000	13,015	NORMAL
	Rasul	14,113	0	NORMAL
	Marala	98,897	67,024	NORMAL
Chenab	Khanki	73,719	65,555	NORMAL
	Q. Abad	71,914	52,389	NORMAL
	Trimmu	35,387	18,322	NORMAL
	Panjnad	12,590	0	NORMAL
Ravi	Jassar	2,382	2,382	NORMAL
	Shahdara	15,353	15,353	NORMAL
	Balloki	37,020	10,420	NORMAL
Sutlej	Sidhnai	18,417	2,317	NORMAL
	GS Wala	4,755	4,755	NORMAL
	Sulemanki	18,087	5,134	NORMAL
	Islam	3,341	841	NORMAL

## FORECASTED IMPACT NEXT 24-48 HOURS

- **Rain-wind thundershowers with Few Heavy to Very Heavy Falls** expected
  - **Khyber Pakhtunkhwa** (Galiyat, Dir, Chitral, Swat, Kohistan, Malakand, Bajaur, Shangla, Battagram, Buner, Kohat, Bajaur, Mohmand, Khyber, Mansehra, Abbottabad, Haripur, Peshawar, Mardan, Charsadda, Hangu, Kurram, Waziristan, Bannu and DI Khan).
  - **Punjab** (Rawalpindi, Murree, Attock, Chakwal, Tala Gang, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Nankana Sahib, Chiniot, Faisalabad, Okara, Pakpattan, Kasur, Khushab, Sargodha, Bhakkar, Mianwali, Bahawalpur, Bahawalnagar, D.G. Khan, Multan, Khanewal, Lodhran, Muzaffargarh, Rajanpur, Rahimyar Khan and Layyah).
  - **Islamabad Capital Territory**
  - **State of AJ&K** (Neelum, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhnoti, Kotli, Bhimber, Mirpur).
- **Mainly hot & humid with rain-wind / thundershowers** expected
  - **Balochistan** (Khuzdar, Kalat, Zhob, Barkhan, Jaffarabad and Naseerabad).
  - **Sindh** (Mithi, Umarkot, Mirpurkhas, Sukkur and Larkana).
- **Mainly partly cloudy with rainfall activity** expected in Gilgit Baltistan
- **Moderate to Heavy Rainfall with Isolated Very Heavy Falls** expected over **Upper Catchments of All Rivers** with **Maximum Intensity likely** from up to **7<sup>th</sup> July**
- **Medium to High Flood Level Peaks** expected at **River Chenab Downstream Marala** and **Medium Flood Level Peak** at **River Kabul** at **Nowshera** and **River Jhelum Upstream Mangla Dam** up to **7<sup>th</sup> July**
- **Flash flooding and landsliding** in hilly / mountainous regions of **Balochistan, KP, GB and AJ&K**
- **Increased Temperatures & Rains** may trigger **GLOF Incidents** in vulnerable valleys of **KP and GB**
- **Hill Torrents** along **Kirthar & Koh-e-Sulaiman Ranges** likely to affect **at-risk areas** of **Balochistan and Punjab**.
- **Urban Flooding** in municipal areas, i.e. **Lahore, Sialkot, Gujranwala, Narowal, Rawalpindi, Faisalabad, Peshawar.**

## GUIDANCE ISSUED

- **PDMA**s to ensure **early warning & prompt response** in **vulnerable areas** in light of forecasted conditions
- **PDMA KP and Punjab** to **ensure timely evacuation** of **at-risk population** from **low-lying areas** of **River Kabul** and **River Chenab Downstream Marala**
- **PDMA**s to undertake **regular public awareness** on all media channels / **social media** to maximise general public's knowledge on **risks associated with monsoon season**; heavy rains, urban flooding, flash flooding, landslides, etc.
- **City / District Administrations** are to **ensure contingency plans** for areas vulnerable to flooding in urban centres, catering for **prompt de-watering operations in flooded areas.**
- **NHA / FWO / Local C&W Depts** to **ensure pre-placement of machinery** and **timely restoration of damaged road linkages.**
- **Rescue Services, Armed Forces** and leading **NGOs / CSOs** to **ensure availability of personnel / equipment** in the indicated areas & **be on stand-by for rapid response.**
- Ensure that **public avoid crossing nullahs** and **keep livestock away during adverse weather conditions.**
- Ensure that **public Does Not Venture Outside** during **Thunderstorms** and **Do Not Seek Shelter Under Trees** to **avoid risk of lightning strike.**
- Ensure that **public** undertakes **adequate measures** to **maintain** their **homes** from **adverse effects** of **heavy rainfall** in order to **avoid roof / wall collapses.**
- Additional **guidance** is available on **NDMA Website** and "**Pak NDMA Alert**" **app** available on **Google Play Store** and **iOS App Store.**